



SIMPSONVILLE JR. RAMS FOOTBALL 2010



Welcome to Simpsonville Jr. Rams Football; if you are a returning member, thank you for participating with us again; if you are a new registrant welcome to our program we hope you enjoy and benefit from being part of our league.

Important Information - Please READ Carefully and Completely

What's Next

Youth Football

Birthday Cutoff - Is Sept 1, 2010 - (We may send a team in 10U and 12U to the SCAP state tournament - that cutoff is Nov 30, 2010)

- 8u** 7 and 8 year olds
- 10u** 9 and 10 year olds
- 12u** 11 and 12 year olds

Helmet and Shoulder Pad Fitting - Player Evaluation

Each player will be issued a helmet and set of shoulder pads to use during the season. Fitting of the helmet and pads is very important and must be done by an athletic staff member or someone approved and trained by a staff member.

The helmet should fit tight, it may be uncomfortable at first and difficult to put on and remove, but to protect the head as it should it must be.

Evaluations will be a one night process for the coaches to evaluate each player's skill set so when they sit down to draft teams they all have a reference with which to select players to fill out each team.

This year we will do the evaluation and helmet and shoulder pad fitting/pickup on the same night.

This will take a little bit of time, but once it is done everyone will be ready for practice to begin without interruption.

Any player who does not attend the evaluation/fitting will be placed on a team during the draft via blind, random draw without penalty. Players who cannot attend the evaluation/fitting will be issued equipment during the first week of practice (teams will not practice the first week in pads anyway) - there is no make-up fitting between the schedule below and the first week of practice.

Equipment Fitting/Pickup and Evaluation Schedule

All fittings and evaluations will happen at the City Park Game field and Football Building

Monday 7/26	8U	Evaluation with Coaches on Game Field - 5:30 - 6:45 Equipment Fittings 7pm till 8:30
Tuesday 7/27	10U	Evaluation with Coaches on Game Field - 5:30 - 6:45 Equipment Fittings 7pm till 8:30
Monday 7/26	12U	Evaluation with Coaches on Game Field - 7pm until 8:30 Equipment issue at Football Building - 5:30-6:45

Teams

Are separated by coach's draft. Draft - (Coaches Only) Will be Thursday 7/29 at Heritage Park.

Uniforms/Equipment ALL Teams are Jr. Rams

Provided

- 1 Game Jersey (Colors will be - Red, Black, White, Silver, Vegas/Gold) *You will get one of these colors*
- These will be issued to each coach prior to beginning of play.
- Use of Helmet and Shoulder pads
- Supplemental Insurance Policy
- Mouth piece

You will need to acquire

- Black football pants and the pads to go in them
- A jersey or shirt for practice
- Rubber Cleats

Refund Policy

By registering your child you are reserving a spot in the program. The leagues fees, uniform costs, insurance costs and many other expenses are based on the number of players registered initially - for this reason **NO REFUNDS** will be granted.

Facilities

City Park Game Field - off East Curtis St behind the Police Department

Heritage Park Practice Fields our 3 field practice area is located near amphitheater in back of HP.

Referees

Are recruited, scheduled and managed through the Athletic Office by
Athletic Staff at Heritage Park

Dates to Remember

Practices - will begin the week of August 2. Expect 1-3 practices per week that could include any combination of Monday, Tuesday, Wednesday, Thursday, Saturday.

The First week of Practice is SHORTS AND T_SHIRTS ONLY - Helmets are Optional BUT NO PLAYER TO PLAYER CONTACT IS ALLOWED
If you miss the first week, each player must go through at least two non-contact practices before going in full pads.

You will be contacted by your coach by August 1 with the time and place of your first practice

If you provide an e-mail address please check it daily if possible, it is a great means of communication for us and your coach.

Games

Will begin in late August or early September - most games will be played at City Park

Game nights could be Monday, Tuesday, Wednesday, or Thursday

Game Times will be 5:45 and 7:15 with the younger age groups playing the early time slots first.

Expect 1 game per week - could change if makeup games are scheduled due to weather.

We do not schedule games or practices on Friday's and encourage all our participants to attend the Hillcrest Football Games and support our local team.

Staff Information

Athletic Department

Chad Foster - Athletic Director e-mail - CFoster30@charter.net Phone 228-0022

Chris Elledge - Athletic Coordinator - e-mail - ceathletics@charter.net Phone 228-0022

Jennifer Jagodzinski - Athletic Office Manager - e-mail - JennJag@charter.net Phone 228-0022

Heritage Park office hours vary with our event schedule - regular schedule is 8-5pm M-F - we close on some Wednesdays and Fridays depending.

Website

www.simpsonvilleheritagepark.com

Any problems or questions with the site please e-mail Chad Foster at CFoster30@charter.net

We have a Certified Athletic Trainer

available at practices before the season starts and at games when the season begins

We are the first recreation program to have this provided just like the high schools do.